

DATE: _____

RE: Important health information for _____ [insert child's name]

To all teachers and administrators involved with my child's education,
_____ [insert child's name] _____ has been diagnosed with a rare and potentially life-threatening genetic disease called Hereditary Angioedema (HAE). HAE symptoms include episodes of swelling (edema) in all various parts of the body, including the hands, feet, face, and airway.

Important: All attacks of angioedema involving the upper airway are medical emergencies and must be treated immediately. In addition, emergency department assessment is recommended.

Call 911 immediately if the child reports swelling in the throat, you notice a change in the pitch of his/her voice, or he/she exhibits any difficulty breathing.

On occasion, _____ [insert child's name] _____ may recognize signs of HAE swelling and may need to be excused from school.

_____ [insert child's name] _____ is currently under the care of Dr. _____ [insert physician's last name] _____, who can be reached during office hours at _____ [insert physician telephone number] _____.

If _____ [insert child's name] _____ begins to recognize the symptoms of an HAE attack, immediately contact one of the following people who have been trained to administer their medication:

CONTACT #1 Name: _____
Phone number: _____

CONTACT #2 Name: _____
Phone number: _____

I am happy to answer any questions and I am grateful for your partnership in providing the best care while he/she is at school.

SIGNED: _____

RELATIONSHIP TO CHILD: _____

HAE attacks often occur spontaneously and can be triggered by many things:



PHYSICAL TRAUMA
(e.g., in the school yard or gym class)



EMOTIONAL STRESS
(e.g., social or academic)



INFECTIONS
(e.g., cold or flu)



MENSTRUATION

